

Sea of Uncertainty Prayer

by Elaine Frampton

Gracious God,

Today we remember those times in our lives when we felt totally unprepared for what lay ahead. Despite our best laid plans and good intentions, our lives are influenced and shaped by events we cannot control.

Sometimes we feel that we are drowning in a sea of uncertainty. As we tread water, often there seems to be no land in sight.

But when we have the courage to let go of our worry, there is something greater than us, something that is beyond us that buoys us up and carries us to shore.

God, we pray today for anyone facing a painful decision, an exam or a job interview. We pray for those people facing unemployment, those who are trying to resolve personal debt or other crisis. We remember those of us having to deal with serious illness, their own or that of a loved one. We pray for our troops in Afghanistan and for the family members and friends who wait back home.

Please listen as we name these people privately in silence.

SILENCE

God, help us to remember that there is a hand that can guide us.

Whenever we feel we are adrift, help us feel that divine connection that is ever present.

Remind us that we are constantly supported. We will not be swept away with the waves, because there is a rock beneath our feet. It is a rock that is impermeable, unshakeable and sure. The rock is the connection. It is the consciousness that transcends our own. It is your love for us that is eternal.

And we are eternally grateful for it.

Amen

