

A Leadership Program  
St. John's

# Holy and Whole

Are you a person who is ready to explore more deeply your discipleship journey? Is God calling you to more fullness in your life? Christian Leadership development sounds scary. That is because we do not define “leadership” in a spiritual way. To be a leader from a Christian perspective is to take leadership of one’s own life, one’s primary relationships as well as at work and in our volunteer life. It is to commit to weekly study, prayer and self-reflection. To really understand what it means to be a “Christian” and to be able to integrate your faith with your life, in all its aspects. This is leadership—being a follower of Jesus. If you are interested in spiritual growth and disciples then this program is for you.

On the reverse you will find a course outline and some common Q and A’s. Please take time to read it, to pray and, if not single, to talk to your partner.



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**Questions:**

Call Linda at the office or email  
her [lindayates@eastlink.ca](mailto:lindayates@eastlink.ca)

**Want to register?**

Contact Glenda  
[GRosborough@Dal.Ca](mailto:GRosborough@Dal.Ca)

## **Schedule and Format:**

**Timeline:** The course will take place from February 2011 until December of 2012. No meetings will take place over the summer months. If people go on vacation during the year, they can “catch up”! And there is always “cramming” (remember your High School/college days?)

**Triads:** These will be the primary sites of learning and discipleship growing. The meetings will include worship, analysis of material given to learn, discussion and theological reflection. In general, the triads will meet for the second, third and fourth week of the month. The first meeting of the month will be for large group “in depth” learning and instruction.

**Large Group:** This generally will take place on the first week of the month. At this gathering in depth material will be presented and encountered. Material for triad learning will be given.

**Retreats:** There will be three of these. They may be combined with St. Andrew’s. Retreats can take place in September, 2011, March 2012, and November 2012.

### **Why Triads?**

Triads are where the real “discipling” takes place. As we walk alongside others in order to encourage, equip and challenge one another in love to grow toward maturity in faith. Triads are transformational – the bible is full of them! In triads there is transparency through trust, accountability for work and the promise of the gift of the Holy Spirit (“where two or three are gathered in my name...there I am also”).

### **How does it work?**

- Making the reading of the bible a top priority. The bible will be read in its entirety.
- Discussing the Christian faith: What do I believe? Who is Jesus to me?
- Leading participants on their own personal spiritual journey by having them explore personal and spiritual growth issues.
- Studying current scholarship on Leadership
- Teaching skills related to leadership such as effective communication, time management, conflict resolution, small group theory etc...

### **Commitment:**

- Weekly meetings – first meeting – first Wed. of February – triads to set their own meeting times and days.
- weekly homework (holidays and summers exempt) (30 minutes per day)
- Willingness to grow spiritually and personally.
- Openness to contribute to group
- Openness to prayer, self reflection

Need more information? Call Linda or email [lindayates@eastlink.ca](mailto:lindayates@eastlink.ca)

Q. Do I have to lead anything when I finish? No. Just your own life. But you will be surprised at what you feel God calling you to do when you are attuned to the Holy!